

PRADEEP AGGARWAL'S

INSTITUTE OF MIND CONTROL DEVELOPMENT

Product Catalogue

Audio CD's

Mr. Pradeep Aggarwal is a member of the International Medical and Dental Hypnotherapy Association, USA, and the International Hypnosis Hall of Fame, USA. Mr. Pradeep Aggarwal is a certified Hypnotherapist and NLP Trainer. He is also a qualified Sports Psychologist and specializes in giving mind training to lot of International and National Sport persons. He is a Licenced NLP Sports Practitioner and a Diploma in Sports Hypnosis By Trained Brain - UK. He is a Certified LAW OF ATTRACTION facilitator, trained by Micheal Losier - Canada. He is a Licensed Practitioner of - Integral Eye Movement Therapy & a Licensed Practioner of Weight Loss Therapy Certified by Andrew T Austin - The Fresh Brain Company Ltd. - UK. Licenced LAB PROFILE Practitioner Certified by Shelle Rose Charvet - Success Strategies - Canada.

He has been conducting his life changing workshops in India and abroad for the last thirty five years, and with tremendous success he has received incredible acclaim from a number of journals and news papers.

Realizing that a number of people are unable to take advantage of his workshops, Mr. Aggarwal presents a wide range of CDs, making the wonderful technique of Self Hypnosis available to the common Indian. These high quality CDs relax you and use the most effective known techniques to induce hypnosis, including Progressive Relaxation, Visualization, Affirmations, Trigger Words Conditioning a Subliminal Persuasion. The conscious and subconscious minds are often in conflict with each other. Consciously, we may want something, but subconsciously we create mediocrity and failure. Hypnosis is the ultimate way to reprogram the subconscious. It is a setting aside of the conscious mind – a – narrowing of the attention span – and altered state of consciousness and a state of hypersuggestibility. Suggestions given during a hypnotic trance are a hundred times more effective than conscious suggestions.

Anyone can become a highly effective Self Hypnosis subject within a few weeks, but positive results begin to appear immediately. The most common effect that people report is a general increase in their sense of well being and a feeling of harmony towards the world. Many people also report a resurgence in their joy of sleeping soundly.

Each of these CDs have been prepared to serve a specific purpose, and is scientifically created by blending alphasound music and carefully developed suggestions. All you have to do is select a quiet and calm place where you won't be disturbed for half an hour, sit down comfortably and play the cassette of your choice on a good music system, preferably using headphones. The important techniques used in these life changing programs include:

- 1. AFFIRMATIONS:** In the relaxed state that hypnosis produces, the subconscious mind becomes very receptive to positive suggestions, which are included in these tapes in the form of carefully worded and tested affirmations. The subconscious mind accepts these suggestions and acts upon them, thus helping you achieve the desired goal. Studies indicate that while the body and mind relax to the soothing strains of music, a decrease in the brain wave activity opens a direct pathway to the powerful subconscious mind, allowing a faster and more effective methods of subconscious programming through latent suggestions, without any interference by the "analytical" conscious mind.
- 2. GOAL VISUALIZATION:** During the program, you will also be told to visualize yourself already having achieved your desired goal. Visualization is not idealizing or daydreaming. It is a practical method to discover and receive all you want from life. Visualization trains your mind to focus on what you truly

want. When you combine a sharp mental picture with a strong desire to bring it into your life you'll discover the incredible creative powers of your subconscious mind.

3. **TRIGGER WORDS:** Some of the tapes use trigger words for post hypnotic programming conditioned response. During the hypnotic session, you will be provided certain words which will be your conditioned response key to produce a particular behavior. In other words, whenever you wish to behave in a particular way (for instance, concentrate on something you wish to read), all you will have to do is close your eyes and say those words to yourself.
4. **SUBLIMINAL MUSIC:** All CDs except numbers S01, M01 and M02 contain subliminal music for gentle persuasion. Subliminal persuasion through subliminal music is a recently achieved breakthrough in the process of therapy and has met with overwhelming popularity and acceptance in advanced countries. This combination of subliminal music and suggestions help create an "Euphoric Dream State". You can listen to the CDs even while doing something else, without focusing your concentration on the music. This is because the music has been recorded using sophisticated audio technology, so that while you hear the music, your subconscious mind, without your knowledge, "listens" to the subliminal suggestions embedded in the music.

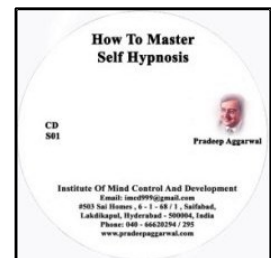
Only you can take the decision to change, modify or improve your life. These CDs are teaching devices empowering you to release your unlimited potential. It is your mind and your thoughts that can change your world, and the way you perceive it. We ask you to look around and decide what is it in your life that you want to change, improve or enhance, and then use the appropriate self Hypnosis/Subliminal Persuasion tapes as the tool to achieve the change. We believe that the tapes we have created are simple, easy, and inexpensive ways to achieve your goals. The decision is yours. You hold the key. Only you can unlock the door.

1. How to Master Self Hypnosis S01

Contains the fundamental initiation to self hypnosis. The music and the voice of Pradeep Aggarwal guide you to a very deep state of relaxation and program your subconscious mind to enable you to enter the wonderful state of self hypnosis. The technique used is called "Progressive Relaxation" The CD programs you to enter this state instantly at any time you want. This CD also contains "visualization Induction", technique that is very helpful to enter self hypnosis.

Price : Rs 250/-

<http://pradeepaggarwal.com/cass1.htm>



2. Attain Success & Confidence P01

Success, be it in any field, needs confidence as its necessary backbone. This CD develops your confidence to a supercharged state so that success becomes your second nature. So get set on your way to be super confident.

Price : Rs. 200/-

<http://pradeepaggarwal.com/cass2.html>

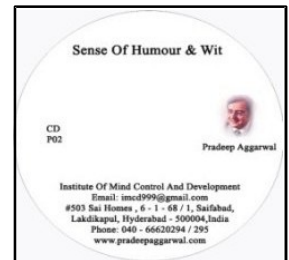


3. Sense Of Humour & Wit P02

The quality that wins over people with greatest ease: sense of humour. This personality transformation CD provides you with just this. It conditions your mind to be more receptive and expressive of humour in a very healthy and creative manner.

Price : Rs. 200/-

<http://pradeepaggarwal.com/cass2.html>

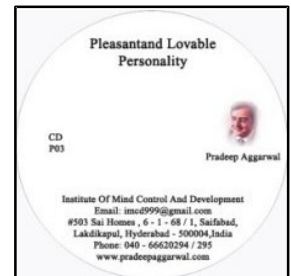


4. Pleasant and Lovable Personality P03

Out personality is generally the product of three factors: 1) Traits 2) Habits and 3) View Points. Since these factors are not generically inherited but acquired, they are alterable by new programming. And this program does just that. It allows you to be free of the past and look at the future: a future field with the love and recognition of your friends, colleagues and others.

Price: Rs 200/-

<http://pradeepaggarwal.com/cass2.html>



5. Overcome Shyness P04

Blushing usually occurs in people who, by disposition, are tense and nervous naturally, the moment they feel themselves beginning to blush, they become more tense, thereby further increasing the tendency to blush. This CD is designed to overcome nervousness in blushing-prone situations and improve confidence. A great personality booster for anyone who feels uncomfortable in certain types of situations.

Price : Rs.200/-

<http://pradeepaggarwal.com/cass2.html>



6. Charisma P05

The dictionary defines Charisma " the ability to attract the attention of a large number of people", in the competitive world that we live in, we all want to be heard, and make our presence felt. This personality transformation CD enhances your appeal and presence, and enables you to project your magnetism.

Price :Rs 200/-

<http://pradeepaggarwal.com/cass2.html>

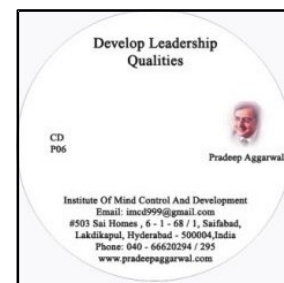


7. Develop Leadership Qualities P06

Another personality transformation CD for developing a much sought after quality, the power to lead from the front. This CD generates an internal surge of self-confidence and power within you that you will begin to project in the form of easily perceived strength and mastery.

Price : Rs 200/-

<http://pradeepaggarwal.com/cass2.html>

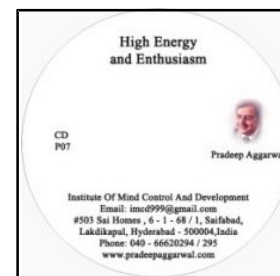


8. High Energy & Enthusiasm P07

Have you ever wondered how it would feel to get up each morning, fresh from a deep sleep and full of energy and enthusiasm to take on the coming day with a spirit of challenge rather than as a problem? This CD is designed to extract the maximum performance from you even in the most pressing of times, by letting loose the vast storehouse of untapped energy.

Price : Rs. 200/-

<http://pradeepaggarwal.com/cass2.html>

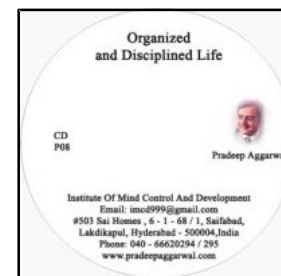


9. Organized & Discipline Life P08

Discipline really has two angles to it: Internal and External. External discipline can be easily achieved through conscious effort, but how do you achieve internal discipline? How to control negative, harmful and wrongful thoughts from coming into your mind? This program can be of great assistance. The affirmations are designed to empty your mind of the negativity and refill it with a positive frame, so that you can give your life that extra edge of discipline and organization.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass2.html>



10. Time Management P09

When the CEO's of over 250 bluechip American companies were asked about the most important part of their decision making process, an overwhelming 93% replied "Managing time effectively." Why is it that some people can perform all their duties within the time of their disposal, while others scramble to survive? This CD programs your subconscious mind to manage your time effectively, so that you don't have to pace against this limited resource to survive in this competitive world.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass2.html>



11. Stop Smoking P10

Surveys suggest that more than 80% of smokers want to quit but can't. This CD enables you to uproot the nicotine habit forever and for good.

Price : Rs. 200/-

<http://pradeepaggarwal.com/cass2.html>



12. Lose Weight P11

Sick of nicknames like "fatso", "fatty", or "hippo"? Tired of carrying those obnoxious tyres around your torso? Put your subconscious mind to some rigorous workouts and enjoy the results.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass2.html>

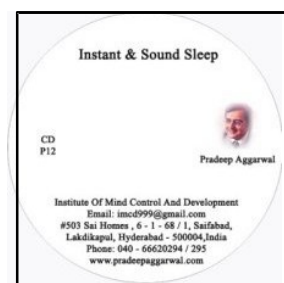


13. Instant & Sound Sleeping P12

Lack of adequate sleep or Insomnia is not uncommon in the world we live in. Hypnosis treats the problem the other way round. Instead of trying to sleep, you are given post-hypnotic suggestions for letting sleep occur automatically.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass2.html>

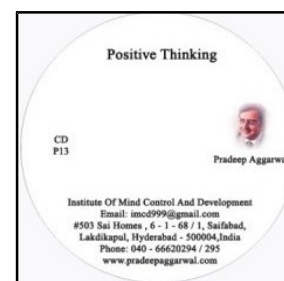


14. Positive Thinking P13

Did you know that our mind has over 15 billion thoughts in a 24 hour period, and that over 95% of this is negative? Can you imagine the impact of such a destructive pattern on our behavior and performance? This CD enables you to finally get this unwanted baggage of negativity off your back. Play the music on Side B to "shield", your mind from negative influences.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass2.html>



15. Improve Memory E01

The human brain consists of billions of nerve cells or "neurons" which are capable of storing each and every happening of one's life. Every bit of knowledge that one accrues through any of the sensory organs, gets recorded in the brain. This capacity of the brain is called memory. In real



life, due to inadequate usage, the brain often fails to promptly recall and clearly reproduce the knowledge that we ask for. The failure of the brain to send out an immediate response does not prove the lack of potential or the failure of one's memory. This just signifies that the capacity of the brain has not yet been honed to perfection or utilized properly and scientifically. This CD, especially developed for students, enables you to improve your memory, and with repeated listening develop a cosmic photographic memory.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass3.html>

16. Increase Focus & Concentration E02

Concentration is one pointed thought. Good concentration is like a laser beam of powerful directive energy converging on a small region. On the other hand, if that same powerful energy is fragmented over many different activities or thoughts at the same time, the energy is dispersed and nothing or real substance can be achieved. This CD enable you to reverse this unproductive behavior and achieve maximum success through intense laser concentration.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass3.html>

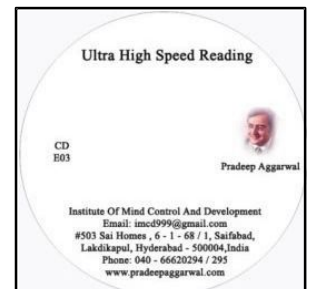


17. Ultra High Speed Reading E03

All speed reading techniques are based on one fact. Our brains can hear only 250 words per minute, but our brains can see up to 2000 words per minute. This CD will literally enable you to "see" thought pages of text, and absorb everything that you read. A very powerful CD to increase the reading speed and concentration of anything including newspapers, magazines, reports, books etc.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass3.html>

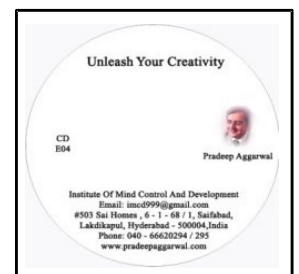


18. Unleash Your Creativity E04

Did you know that the script of the blockbuster film, "Jurassic Park" was rejected by all major Hollywood directors, and that the renowned painter, Leonardo-da-vinci was thrown out of his school for "lacking the ability to think"? The point is that we all have the ability. This awareness can alone work wonders. This CD conditions your mind to see yourself as a creative genius, bursting with creativity.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass3.html>

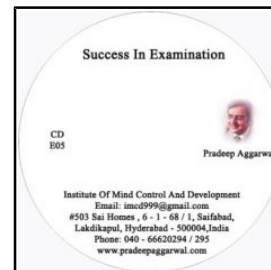


19. Success in Examination E05

How do you react to the thought of sitting in an exam? Do you approach examination as a challenge or as a problem, as an opportunity to embrace or one to get rid of? This CD is designed to instill a positive sense of anticipation towards examinations, so that you tackle them with confidence and poise, rather than fear and helplessness.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass3.html>



20. Success in Interview E06

It is often seen that many brilliant students get through their exams with considerable ease, but are terrified at the thought of attending an interview, be it for a school or college admission or for a job placement. Through imagery and affirmations this CD will improve your confidence for dealing with interview in positive manner. It will also provide you a keyword for post hypnotic conditioned response.

Price : Rs. 200/-

<http://pradeepaggarwal.com/cass3.html>

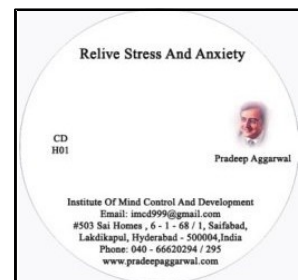


21. Relive Stress & Anxiety H01

Stress and anxiety are two permanent elements in today's urban life. Everyone around seems to be perpetually haunted by these twin devils in order to meet the demands of life, thereby inviting frustration, depression and disease. This CD guides you to the state of deep hypnotic relaxation and suggestions are given to program you for remaining calm, composed and wise in the midst of the chaos and tension of life.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass4.html>

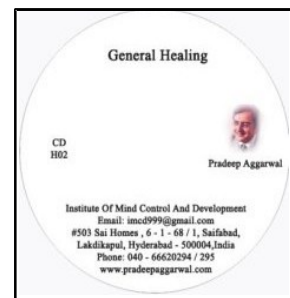


22. General Healing H02

A CD of extraordinary power. Listeners have reported amazing cures of mental and physical ailments of all kinds. Although this CD is immensely powerful, you are not advised to discontinue the medication prescribed by your physician. The primary aim of this CD is to take care of the psychological aspect of the ailments.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass4.html>

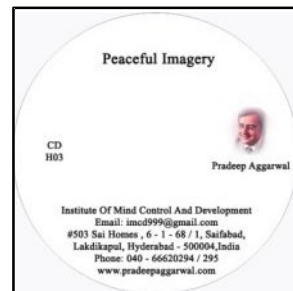


23. Peaceful Imagery H03

A wonderful CD containing a guided meditation with beautiful flute music in the background. You are guided through various peaceful mental imageries in the form of beautiful landscapes to help you remain calm in any stressful situation.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass4.html>



24. Eliminate Anger H04

This CD helps you to control and eliminate anger and thereby be more calm and relaxed.

Price : Rs. 200/-

<http://pradeepaggarwal.com/cass4.html>

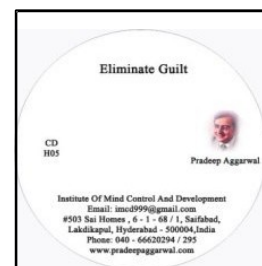


25. Eliminate Guilt H05

This CD helps you to eliminate guilt and be more at peace with yourself.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass4.html>

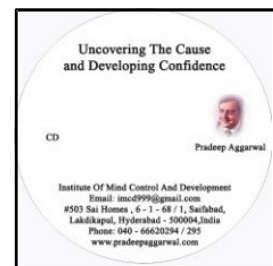


26. Uncovering the Cause & Developing Confidence H06

This CD helps you to uncover the cause of any problem and resolve it with positive suggestions. It enables the inner level of your mind to review the problem and solve it.

Price : Rs. 200/-

<http://pradeepaggarwal.com/utc/index.html>

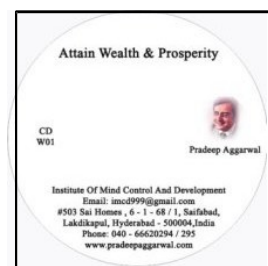


27. Attain Wealth & Prosperity W01

An amazing CD that has helped thousands to shed their cloaks of inferiority and develop a powerful and magnetic personality to attract fame and wealth.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass5.html>



28. Sales SuperStar W02

Sales managers generally agree that in any sales organization, 20 percent of the sales people make 80 percent of the sales. Why is this so? Do the 20 percent work harder? Are they smarter or better educated?, or is it sheer timing? Significantly, none of these really seem to be fully true. Then what is it? Neuro-researchers have found out that the secret to successful selling is usually attitude, and the way the person approaches his or her assignment. The goal of this program is therefore to develop a winning personality, and an attitude which projects a super sales person.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass5.html>



29. Negotiate On Your Own Terms W03

Why is it that the negotiation of the US government agencies always manage to clinch the better deal? Why was the Enron Corp team able to settle at a deal which would have robbed the country of thousands of variers of rupees? Hypnosis has become a major tool in the training of professional negotiators in developed nations. Wouldn't you like to get an edge over your competitors?

Price : Rs. 200/-

<http://pradeepaggarwal.com/cass5.html>



30. Attract the Love of Your Life – For Males L01

Uncomfortable, tense, tongue-tied with the fairer sex? Find it difficult to express true love to women? This CD enables you to enhance your self image as a lovable, attractive and sexy man who deserves the love of the woman he wants. It makes you confident, removes your psychological block and enables you to send out positive vibrations to attract love.

Price : Rs. 200/-

<http://pradeepaggarwal.com/cass6.html>



31. Attract the Love of Your Life – For Females L02

What does a man look for in a woman? Is it just appearance? No, the answer lies in something a lot deeper than merely looks an attractive personality. This CD enables you to go beyond cosmetic beauty. It will help you to enhance your self image as a beautiful and vibrant person who is capable of giving and receiving unconditionally love

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass6.html>

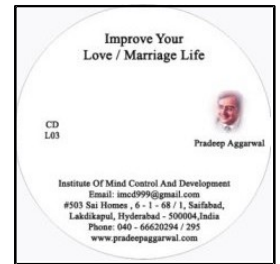


32. Improve your Love & Marriage Life L03

Is your love life losing its initial glitter? Do you have to constantly struggle to keep a relationship working? Has the passion in your relation dried out? Do you feel the need for adding a new dimension to your love life? In that case this CD is for you. Through beautiful imagery and carefully worded suggestions, this CD will enable you to rekindle the flame and restore the youthful flow in your relationships .

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass6.html>

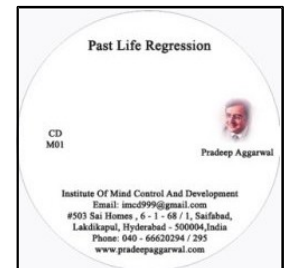


33. Past Life Regression M01

Have you ever lived before? If so, where? And when? Who were you? Man or woman? Mr. Pradeep Aggarwal has guided thousands into vivid memories of their past lives and thereby gain and understanding of their present lives. The CD contains the same techniques he uses in his workshops.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass7.html>



34. Astral Projection M02

This CD enables you to experience what is commonly called an "Out-Of-Body" experience. You are guided to project yourself out of your body, visit place and observe what's going on at different locations. Later you return to your physical body safely. A very powerful exercise to develop the intuitive capabilities of the mind.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass7.html>



35. Rapidly Develop Your Psychic Power M03

Each of us possesses some degree of ESP. True, some have developed into a higher degree than others. Yet, We know from personal experience that you can develop it far beyond your present capability. In doing so, you will enrich your life greatly. This CD has a series of exercises which help you to rapidly develop your psychic powers.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass7.html>

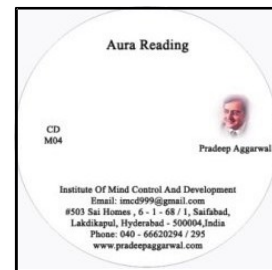


36. Aura Reading M04

This CD teaches you to see and read your auras, and of those around you. It will teach you to work on the energy fields around your body to increase your ability to hold and attract abundance.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass7.html>

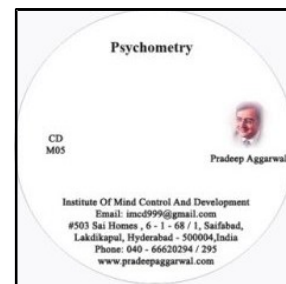


37. Psychometry M05

Psychometry telepathy is a technique to receive psychic information by holding and object, usually an object owned by another. In doing so you read the "Ethereic Emanations of the owner", and their psychometric vibrations which have impregnated the object. By holding the object, you perceive thought your sympathetic nervous system; and your brain amplifies and interprets the signals into information you can understand. Psychometry allows you to read the past and present but not the future events which have yet to be impregnated.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass7.html>

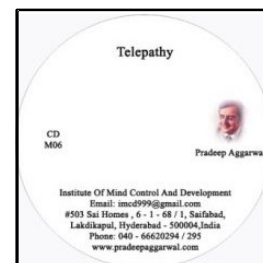


38. Telepathy M06

You can send and receive telepathic messages to communicate with your loved ones, with friends, colleagues and business associates. You will learn to identify energy you have taken on, release it, change negative energy into positive, and much more. This CD shows you to use your powers of telepathy to your maximum benefit.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass7.html>



39. Clairvoyance M07

Clairvoyancy is seeing or sensing energies that are beyond the range of your normal vision and senses. Developing clairvoyancy gives you powerful whys to consciously affect your and others realities. You would greatly expand all your faculties, senses and capabilities as you open your clairvoyant sight, begin to sense and see auras and experience the energy states necessary to begin seeing clairvoyantly.

Price : Rs. 200/-

<http://pradeepaggarwal.com/cass7.html>

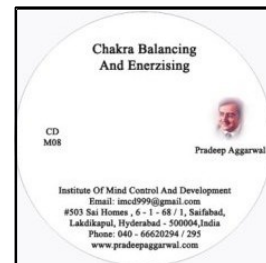


40. Chakra Balancing & Energizing M08

By balancing and harmonizing the energies of your chakras, you unleash incredible cosmic and psychic powers – powers that can benefit all humankind. This CD teaches you how to balance each of your seven chakras, one by one by the time you would have learnt to balance the seventh chakra (the head or crown chakra) you would be fully equipped with all the powers of your hidden talents.

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass7.html>



41. Miracle Manifestation in 7 Days M09

This CD consists of affirmations that lead you to manifest a miracle in seven days.. You become open to a miracle, which whether big or small, will change your life in a positive way. Miracles are yours for the asking, so ask and you shall receive

Price: Rs. 200/-

<http://pradeepaggarwal.com/cass7.html>



42. Automatic Writing M10

You can experience this powerful process on your own. You will go into a meditative trance, sitting up with a pen in your hand and paper in your lap. By this process you can contact the deceased relatives of those who are asking for answers.

Price : Rs. 200/-

<http://pradeepaggarwal.com/cass7.html>

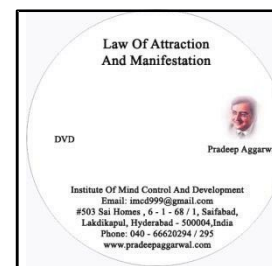


43. Law of Attraction & Manifestation Workshop

The 'LAW OF ATTRACTION' is a science of attracting the more of what you want and less of what you don't. The LAW OF ATTRACTION is a Universal Law which is at work everyday in our lives. This law says: what you focus on, you get. The opposite of this is also true: if you focus on what you don't want, that, too, is what you will attract.

Price : Rs. 1000/-

<http://pradeepaggarwal.com/loa/index.html>



HOME STUDY DVD COURSES

44. **New Hypnosis and Hypnotherapy Course to Become a Master Hypnotist**

DVD Course consisting of 4 DVDs and 2 CDs

This video provides you all that you need to become a master HYPNOTIST. This video teaches you simple and easy techniques to put a person into deep Hypnotic trance. Watching this video repeatedly will make you understand and master the techniques of HYPNOSIS. Many of you can hypnotize someone for the first time itself using this technique whereas for others it requires practice.

This Video Home Study Course Demonstrates :

- What Hypnosis is?
- What it is used for?
- What you can accomplish with it?
- Who can you safely hypnotize?

The Advantages :

- Learning the fundamental basics of hypnosis right from home.
- Watching Hypnosis techniques performed, right in front of your eyes
- Realizing just how easy it is to use the skills of a professional hypnotist
- And being able to view these techniques over and over again.

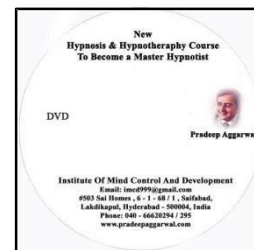
What this 10 hours 4 DVD's Video Course includes?

- The instant induction - inducing trance in less than 3 seconds
- The Rapid Induction - a fun and gentle way to induce trance in 3-4 seconds.
- The progressive Relaxation - total and complete mind and body relaxation.
- Eight Best effective trance-deepening techniques.
- How to do an efficient and effective Pre-Talk.
- The Pre-talk will teach you what Hypnosis is, how Hypnosis works and how to gain rapport with your client, so that everyone is hypnotizable.
- Each technique has an introduction, which explains how and why the technique is used.
- Each induction, deepening technique and pre-talk come with its very own script for you to read and follow and make hypnosis easy.
- Everything you need to know to perform effective hypnosis equal to certified Hypnotists.
- The latest techniques and approaches in advanced Hypnosis/Hypnotherapy.

Price: Rs.6000 + Rs.150(Courier Charges)=Rs.6150/-

Special Intro Price : Rs 5150/- (Rs.5000 + Rs.150(Courier Charges))

<http://pradeepaggarwal.com/newbmh/index.html>



45. **New Hypno-NLP For Self Improvement** **DVD Course consisting of 5 DVDs and 2 CDs**

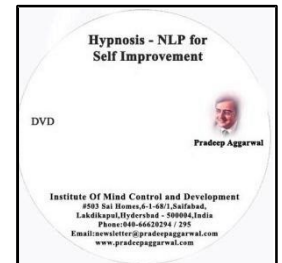
In this POWERFUL Video Course: YOU WILL LEARN-

Hypnosis:

1. What is Hypnosis, Myths about Hypnosis and how it works?
2. What is conscious mind and subconscious mind and how it works? How subconscious mind is programmed?
3. How imagination affects you physically?
4. Why imagination is much more powerful than will power?
5. How to go into self-hypnosis instantly, program your subconscious mind and come out of it safely within 30 seconds?
6. How to give positive suggestions to make positive changes in your subconscious mind?
7. How to formulate effective suggestions?
8. Different methods of formulating suggestions.
9. How to identify your negative blocks and release them?
10. How to control your emotions instantly by programming a trigger word in your subconscious mind?
11. Communicate with your subconscious mind using finger signals and pendulum to find the cause of your problem and solve it.
12. Learn hypnotic anesthesia to control pain.
13. Hypnotizing others, Instant and Rapid Induction techniques.
14. Learn how to teach self-hypnosis
15. Healing – 7 most common reasons for psychometric problems.
16. Find the cause of the problem and releasing it.
17. Using the Imagery for Healing – Using imagery for healing you will learn how to create imagery to solve your problems.
18. Distance Healing – Healing someone from distance. Different methods to control pain with self hypnosis.

The NLP Techniques:

1. **Developing Rapport** – You will learn how to make other people like you and trust you within 90 seconds.
2. **Mind Triggers** – (Anchors): For creating state of mind so that when you need them, you can use those trigger words and recreate the positive state of mind.
3. **Developing Rapport with groups** – You will learn how to develop rapport with groups and have captivating audience.
4. **How to improve relationship** – Using this powerful NLP techniques you will be able to learn how to improve relationships with your family, friends, colleagues, client and customer tremendously.
5. **Goal Setting** – In very simple steps, you will learn to formulate goals and program your subconscious mind using advanced timeline technique, in such a way that your mind start moving towards your goal and aim.



6. **Circle of Excellence** – This is a powerful NLP technique to draw resources from your past like confidence, patience, clear thinking and associate those feelings for future events and situations in such a way, the moment you are there, you will instantly feel that feeling of confidence, patience and clear thinking and this will have a tremendous positive impact on the outcome of effort. You can use powerful technique whenever you want to gain instant confidence for future events and situations in life.
7. **Accelerated Learning** – accelerated learning and mind trigger to encourage and ensure your focus and concentration. It increases your memory, concentration, creativity and assimilation of knowledge.

Remove fear or phobia – Mind triggers to remove your fear and phobia. Dispel all your fears with fast phobia.

Price: Rs.6000 + Rs.150(Courier Charges)=Rs.6150/-

Special Intro Price : Rs 5150/- (Rs.5000 + Rs.150(Courier Charges))

<http://pradeepaggarwal.com/hypnew/index.html>

46. **NLP- Practitioner Training Audio Course** **Consisting of 17 CDs and a manual CD**

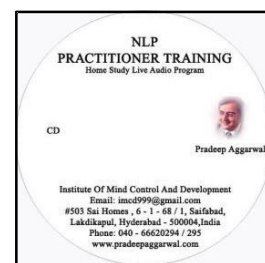
Institute of Mind Control and Development brings you an excellent opportunity to sharpen your skills using the technology of Neuro Linguistic Programming (NLP) by hypnotherapist and NLP trainer Mr. Pradeep Aggarwal.

- Obtain hands on experience in NLP
- Increase your therapy skills in ways you never thought possible
- Everything you need to use NLP in your life now!
- Learn powerful Technique of Time line therapy
- Who Will Benefit?
- This course is essential for anyone serious about truly fulfilling their potential. It will benefit everyone from a recent graduate to a top executive, irrespective of profession or discipline. CEO's, Managers, Businessmen, Consultants, Trainers, Doctors, Lawyers, Accountants. Teachers and other professionals will find it rewarding. Every hypnotherapist social worker, alcohol and drug counselor, psychologist or anyone in the medical fields should take this training. An investment of 4 days and a small fee will give you insights and abilities you never thought possible. Receive the benefit of years of experience in just hours. You will bring home proven techniques to improve your clients' lives NOW! You will be experiencing a personal transformation that leave you inspired informed and motivated.

The above course consists of 17 CDs and Comprehensive Manual which guides you step by step to master the techniques of NLP.

Price : Rs. 3900/- (Rs.3600/- +Rs. 300/-(Courier Charges))

<http://pradeepaggarwal.com/nlppratpa/index.html>



47. **Rapidly Develop your Psychic Power** Consisting of 11 CDs and a manual CD

Pradeep Aggarwal's two decades of experience in hypnosis and parapsychology, and his immense popularity among his participants of his highly successful workshops in hypnosis and ESP has generated a great demand to present his workshops in CD format so that they can be studied and used on comfort and privacy of your own home.

Mr. Pradeep Aggarwal conducts his popular workshops on rapidly develop your psychic powers only once a year and because of the high success rate achieved by the participants, there are a lot of queries to conduct more such workshops.

Now, Institute of Mind Control and Development brings you this powerful workshop (live and unedited, in Mumbai) in a CD version so that you can rapidly develop your psychic powers in the comfort and privacy of your own home at your time.

WHAT YOU WILL LEARN

Understanding the difference between what your conscious mind does and the hidden powers of your subconscious mind, chakra energizing and balancing, going into trance in one to five minutes or less, projecting your thoughts to someone else, receiving someone else's thoughts, negative spirit releasement, past life regression, healing circle, creating a psychic problems someone else has, even if they are not present and you have never met them.

Then knowing what they must do to improve their health, remote viewing when in trance, project yourself to someone's home and then describe it, psychometry, how to get messages and answers to your question from your higher spiritual self, how to use pendulum to get answers from your subconscious mind, spoon bending.

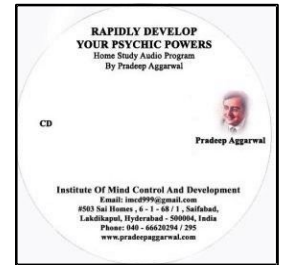
This program consists of 11 CDs and 1 Manual CD so that you can easily practice and master these simple, yet amazingly powerful techniques.

The investment for this course is only Two Thousand Two Hundred Rupees only.

(Rs.2,200/-)+195/- Postage and Handling.

Price: Rs. 2395/-

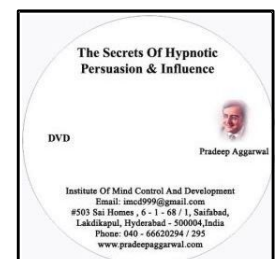
<http://pradeepaggarwal.com/psychicpo/index.html>



48. **New Secret of Persuasion & Influence** DVD Course consisting of 2 DVDs and a manual CD

The Hypnotic persuasions which you are going to learn in this course are:

1. What is the Hidden Persuader pattern is? How and why it works, and how to use it to increase your persuasive power in every situation?
2. You can covertly compliment someone else without looking like you are being insincere.
3. How to covertly flame someone else without taking the heat?
4. How to add impact to another person's compliment?
5. Master key #1.....why not using it kills your persuasive impact.
6. How to read between the lines of other person's words to find the REAL meaning of what they are saying?



7. How to replace the neutralizer word with a powerful persuasive word?
8. The basis of the Rapport: How to make people trust you in every situation?
9. How to build trust in writing: emails, letters, faxes, memos, advertising etc?
10. Using rapport skills in combination for greater impact.
11. How to use the Criteria to convince anybody for almost anything?
12. The actual sequence for obtaining anybody's criteria and detailed instructions on using their own Criteria for persuasion.
13. Master key#2, why one word can kill your persuasion message and how to get rid of it.
14. Why "slamming" your competition is a dangerous tactic and how to avoid it?
15. How to use emotional anchoring to your advantage in all persuasive situations?
16. Why disagreeing with people's objections, rejections, or disagreements actually hurts you?
17. How to agree with someone while changing their minds?

Price: Rs.3000 + Rs.75(Courier Charges) =Rs.3075/-

Special Intro Price: Rs. 2075/- (Rs.2000 + Rs.75(Courier Charges))

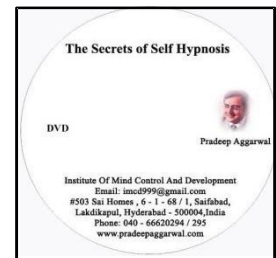
<http://pradeepaggarwal.com/hpi/index.html>

49. **New The Secret Of Self Hypnosis** **DVD Course consisting of 3 DVD and a manual CD**

What will you learn from this course:

- Conscious / Sub-conscious Mind
- What is Hypnosis?
- Suggestibility Test
- Self-Hypnosis
- Instant Self Hypnosis
- How to program the sub-conscious mind through affirmations, questioning and internal dialog?
- Programming the Pendulum to communicate with sub-conscious mind and healing.
- Yes/No signal to communication with sub-conscious mind and healing.
- How to formulate suggestions?
- Improve your learning skills through self hypnosis
- How to control Pain?
- Affirmation for solving problems and increasing creativity
- Deepening of self Hypnosis
- Awakening from self-hypnosis with positive suggestion
- Give yourself suggestion, "then hypnotize yourself"
- Post-hypnotic suggestions
- Instantaneous waking self-hypnosis.

Price: Rs.3000 + Rs.160 (Courier Charges) =Rs.3160/-



Special Intro Price: Rs. 2160/- (Rs.2000 + Rs.160(Courier Charges))

<http://pradeepaggarwal.com/shw/index.html>

50. **Hypnotic Language Of Success - Every Word Has Power** **Home Study DVD Course (2 DVD +1 Bonus CD)**

Words have the Potential to unleash overwhelmingly strong emotions in each & every one of us. Change the words you speak, and take your success to the next level. Discover the secret to the Hypnotic Language of Success and create a new successful life. Follow the easy methods and techniques outlined in this brand new, straight to the point Home Study DVD Course that will master your spoken words, language and turn on your life and take your success in health, wealth and relationship to the next level.

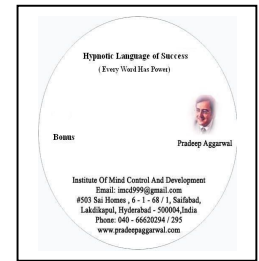
In this Home Study Course you will learn :

- How to switch the low-energy phrases to high-energy phrases;
- How to clear the low-energy words from your language;
- How to heal psychological and physically problems through words;
- How positive as well as negative self-talk affect your mood, attitude and efficiency. Learn how negative self-talk leads to lower self-confidence and negative outcomes.
- How to change your negative self-talk to positive
- The top optimistic, high-energy words;
- Organ language;
- Effect of suggestion.

Price: Rs.2000 + Rs.75(Courier Charges)=Rs.2075/-

Special Intro Price: Rs.1500 + Rs.75(Courier Charges) =Rs.1575/-

<http://www.pradeepaggarwal.com/wp/index.html>



51. **"Twelve Hours Of Natural Hypnotic Sounds For Meditation"**

This pack consists of 12 Audio CDs of Hypnotic Sounds For Meditation. The sounds are:

1. Tropical Wave: "Feel The Waves Lapping Against Your Feet"
2. Torrential Rain: "Feel The First Drops Of Rain On Your Face"
3. Woodland Bridalway: "Hear The Sound Of The Trees Rustling"
4. Tropical Storm: "You Can Hear The Sound OF Thunder And See The Lightening"
5. Dusk At The Oasis: "At Last It's Time To Rest At The Oasis After A Day In The Desert"



6. Autumn In The Forest: "You Can Hear The Sound Of The Leaves Falling"
7. Babbling Brook: "The Hypnotic Sound Of The Water Falling Off The Rocks"
8. Tropical Beach At Sunset: "The Ultimate Tranquility Experience"
9. Lazy Summer Day: "Listen To The Sound Of A Bee As It Passes By You"
10. Hot Jungle Day: "Enjoy The Tropical Sounds Of The Jungle"
11. Tranquil Waterfall: "Relax As You Hear The Water"
12. Log Cabin Fire: "Hear The Sound Of The Logs Crackle And Spit As They Burn"

Price: Rs.3000+Rs.300(courier charges) =Rs.3300

<http://www.pradeepaggarwal.com/nsa/index.html>

52. Six Subliminal Self Improvement Audios

Subliminal messages are positive affirmations sent DIRECTLY to the subconscious mind, bypassing the more critical conscious mind. The subconscious then follows these commands to produce POWERFUL and EXCITING change - quicker than anything you've ever seen before.

This pack consists of 6 Audio CDs viz, **Amazing Speed Reading ,**

Be More Decisive, Better Creative Thinking, Improved Memory, Improved Public Speaking, Love Your Physical Self.



Price: RS 1500 + 150 (Courier Charges) = RS 1650/-

<http://www.pradeepaggarwal.com/selfimprovement/index.htm>

53. Sports Series - Audio CD's

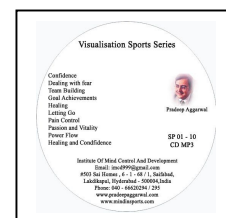
Visualization Sports Series

SP -01: Visualization for confidence in sports

This CD is designed to help athletes and sports person to develop all important mental skills necessary to achieve peak performance in sports. Visualization technique is used to develop confidence in sports. In this CD the physical and word trigger is used by which the confidence enhances.

SP -02: Visualization for dealing with fear

A successful athletes or a player requires an attitude to overcome any fear or any obstacles



coming onto his way. By using a trigger of Self- hypnosis you will be able to vanish your fear from your mind and body and the affirmations will help you to develop confidence.

SP -03: Visualization for team building

Visualization technique used for team building is highly effective to improve your game. The trigger used here is to be shared with your team mates and play your best.

SP -04: Visualization for Goal achievements

Visualize your goal and fulfill it by using a trigger given in the CD. A word trigger is used to achieve any goal. This technique will help you tremendously to achieve your goal and play your best.

SP -05: Visualization for Healing

Visualization technique used here for healing is very powerful. It is of great help to remove all your negative thoughts and energy which is there in you. A mental trigger is used to heal your wound.

SP-06: Visualization for letting go

Visualize your strength and improve your game. Re correct your mistakes by using a trigger given in the CD. Prepare yourself and acknowledge your ability listening to this CD.

SP-07: Visualization for Pain Control

Control your pain in sports by visualization technique. Drift away any pain from your body by using a mental trigger.

SP-08: Visualization for Passion and vitality

Improve vitality and your passion by visualization technique. A time trigger which energizes your body and mind is used here in this technique

SP-09: Visualization for power flow

Visualize the power flow in your mind to improve your game. A word trigger is used in this technique which enhances your game.

SP-10: Healing and Confidence

Finding the cause and releasing it and developing confidence. Resolve the problem from your mind by using the mental trigger. Gain confidence and Self esteem more and more. Progressively you will improve in your life. This CD will help you tremendously.

Price: Rs. 2,500+Rs. 150(Courier Charges)=Rs.2,650/-

<http://golfmindcoaching.com/products.htm>

54. Sports Series MP3 Audio CD

SPORTS SERIES – Audio CDs. – SV series.

This pack consists of 6 CDs viz, **Creating Mental Studio, Best Performance Exercise, Internal Mental Rehearsal, Confidence Cue Exercise, Recovery Exercise, Replacing Negative Belief, With Winning Belief.**



SV 01 – Creating Mental Studio.

This CD is designed to help athletes and sports person to develop all important mental skills necessary to achieve peak performance in sports. The Cd is made with suggestions followed with background music. This Cd helps you create a mental studio. Your Mental Studio is your place to rest, relax, and gives yourself powerful commands & instruction to influence your behavior.

SV 02 – Best Performance Exercise.

This CD will help you to visualize your best performance of the past and influence your thinking for your future event so that you give a better performance and have a winning feeling.

SV 03 – Internal Mental Reharsal

This Cd helps you to focus on feeling connected with your past best performance and helps you incorporate all the best performance characters in the present game so that you perform your best.

SV04 – Confidence Cue Exercise.

This CD is designed to help you to move into a confidence state at will and perform your best. It gives you a physical feeling of confidence, and triggers a state of confidence anytime.

SV 05 – Recovery Exercise.

Recovery Exercise is a technique to respond to problem situation during performance. This CD helps you create recovery method for handling problems. Pressure of problems drives stress levels up. Recovery Exercise is Designed to reduce this stress.

SV 06 – Replacing Negative Belief With Winning Belief

Negative beliefs affects your performance in Sports. Winning believes gives you success . This Cd teaches how to replace negative beliefs with winning belief. With winning belief activated everything works positively and enhance your performance and helps you achieve your goal.

Price: Rs.1,500 + Rs.150 (Courier Charges)=Rs.1,650/-

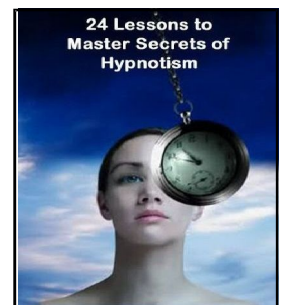
<http://golfmindcoaching.com/products.htm>

55. E-Book - 24 Lessons to Master Secrets of Hypnotism (PDF in CD Format)

The literature prepared for this course is very highly condensed and contains no superfluous ramblings which commonly fills up most books on hypnotism. All the information is very highly concentrated. Also, the information is easy to understand. And it is from this information that beginner hypnotists are trained. Even professional hypnotists who earn their living with hypnotism!

Price: Rs. 500/-

<http://pradeepagarwal.com/24lessons/index.html>



56. E-Book - The Amazing Pendulum (PDF in CD Format)

In this book you will learn how to choose or create a pendulum and then use it. By using the pendulum as an outer conscious tool, you will discover how to use your inner conscious mind to aid you in decision making in your personal and your business life.

Price :Rs 500/-

<http://pradeepaggarwal.com/amzpend/index.html>

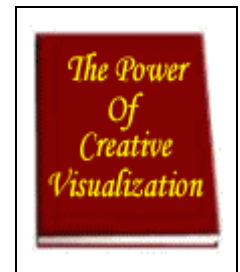


57. The Power of Creative Visualization

Synopsis: A powerful program to get everything you want. You will simply be un-stoppable in making your dreams come true. And you can literally change your destiny like Getting a promotion, Reducing Tension/stress, Possessing good health, Losing weight, Attracting Love, Enriching Relationships, Mastering Emotions or improving Self-image through the **POWER OF CREATIVE VISUALIZATIONS** a process through which you create powerful, mental powers, mental pictures that carries you gradually towards your goal.

Price: Rs.350/-

<http://www.pradeepaggarwal.com/pradeep-book1.html>



58. Personal Transformation in 7 Weeks

This book will guide you with some remarkable simple tools to reshape your life. The key concept behind this book is that our beliefs mould our lives. Persistent failures in a particular venture can lead one to believe that success is unattainable. This belief can shackle us and prevent further efforts. Thus, the key to a more satisfying life is to overcome these negative beliefs. But, mere knowledge of one's shortcomings is not enough. This is where hypnosis comes in. It can be used to flush out the negative beliefs from your mind, and fill it with positive, self-fulfilling beliefs.

Price: Rs.350/-

<http://www.pradeepaggarwal.com/pradeep-book1.html>



For COMBO Offers Visit the Following LINK

<http://pradeepaggarwal.com/homestudy.htm>

Courier Chargers

For your order of CD's please add – Courier Chargers as follows

1. Rs. 50/- for First CD
2. Rs. 25/- for Every Additional CD.
3. All Home Study Courses are inclusive of Courier Charges.

Payment Options

- **You can deposit Cash/Cheque or do Fund Transfer into the following account**

Name - Institute of Mind Control & Development

Bank - HDFC bank Ltd

Branch - Lakdikapul, Hyderabad

Account no - 00212000022980

Account Type - Current account

IFSC code - HDFC0000021

- **D.D or Money order:** You can send D.D or Money order in the name of "Institute of Mind Control and Development" Payable at Hyderabad to the given address: Institute of Mind Control and Development, Sai Homes Apartment, Flat No.503, 6-1-68/1, Saifabad Lakdikapool, Hyderabad 500 004, INDIA. Contact No: 040-66620294/ 040-66620295, [imcd999\(at\)gmail.com](mailto:imcd999@gmail.com) (replace (at) by @)